

Bright Beginnings Childcare March Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1. <u>WG Jelly Toast, *Bananas and Milk</u></p> <p><u>Chicken Pot Pie w/ Mixed Vegetables, Pineapple Chunks, WG Buttered Bread & Milk</u></p> <p>Cheese Cubes and *Green Beans < Fish Crackers and Apple Juice</p>	<p>2. Turkey Bacon, *Blackberries and Milk</p> <p><u>Beef Stew w/ Potatoes, Carrots/ Onions, Fruit Cocktail, WG Buttered Bread & Milk</u></p> <p>*Cucumbers and Yogurt <WG Sports Grahams and Cran Raspberry Juice</p>	<p>3. Corn Chex, Mandarin Oranges & Milk</p> <p><u>Cheeseburger on a WG Bun, Sweet Potato Fries, Baked Beans, & Milk</u></p> <p>WG Triscuits & Tomato Juice <WG Chocolate Bear Grahams and Orange Juice</p>	<p>4.</p> <p style="text-align: center;"><i>Closed for Staff Inservice Day</i></p> <p style="text-align: center;">  </p>
<p>7. Mini Pancakes, Mixed Berries & Milk</p> <p><u>Enchilada Casserole w/ Gr. Beef, Black Beans & Corn, Fruit Cocktail, WG Buttered Bread & Milk</u></p> <p>Cheerios & Milk <WG Apple Cinnamon Wafer and Grape Juice</p>	<p>8. Golden Grahams, Pears & Milk</p> <p><u>Pea Soup w/ Ham, *Strawberries, Oyster Crackers & Milk</u></p> <p>Pretzels & *Apples < Fish Crackers and Apple Juice</p>	<p>9. Chocolate Zucchini Bread, *Green Grapes & Milk</p> <p><u>Chicken Patty on a WG Bun, Tropical Fruit, Tator Tots, & Milk</u></p> <p>String Cheese & WG Cinnamon Grahams <WG Sports Grahams and Cran Raspberry Juice</p>	<p>10. Scrambled Eggs, Mixed Fruit & Milk</p> <p><u>Turkey Noodle Casserole w/ California Blend Veggies, Peaches, WG Buttered Bread & Milk</u></p> <p>Cottage Cheese & Pears <WG Chocolate Bear Grahams and Orange Juice</p>	<p>11. Cheese Toast, *Honeydew Melon & Milk</p> <p><u>Stuffed *Green Pepper Casserole w/ Gr Beef, WG Wild Rice, *Oranges, WG Buttered Bread & Milk</u></p> <p>*Bananas & WG Bran Muffin <WG Monster Crunch and Grape Juice (Mix of WG Cereals w/raisins and marshmallows)</p>
<p>14. Sausage Links, *Apples & Milk</p> <p><u>Mac N Cheese w/ Ground Beef, *Pears, WG Buttered Bread & Milk</u></p> <p>Summer Sausage & Ranch Crackers <WG Apple Cinnamon Wafer and Grape Juice</p>	<p>15. WG Toast w/ Honey, *Oranges & Milk</p> <p><u>Pasta Salad w/ Bacon and Broccoli, Nectarines, WG Buttered Bread & Milk</u></p> <p>WG Chocolate Bears & Milk < Fish Crackers and Apple Juice</p>	<p>16. WG Oatmeal, *Bananas & Milk</p> <p><u>Porcupine Casserole w/ Gr. Beef & Rice, Corn, Cranberries, WG Buttered Bread & Milk</u></p> <p>*Carrots & *Celery w/ Dip <WG Sports Grahams and Cran Raspberry Juice</p>	<p>17. Lemon Muffins, *Blackberries & Milk</p> <p><u>Sliced Corn Beef, Peas, *Oranges, WG Buttered Bread & Milk</u></p> <p>Yogurt & Peaches <WG Chocolate Bear Graham and Orange Juice</p>	<p>18. French Toast, *Strawberries & Milk</p> <p><u>Hot Dog on a WG Bun, Cauliflower, Fruit Cocktail & Milk</u></p> <p>WG Strawberry Waffle Grahams & Milk <WG Monster Crunch and Grape Juice (Mix of WG Cereals w/raisins and marshmallows)</p>
<p>21. WG Cinnamon Toast, Tropical Fruit & Milk</p> <p><u>Swedish Meatballs over Noodles, Mixed Vegetables, Peaches, WG Buttered Bread & Milk</u></p> <p>*Bananas & Teddy Grahams <WG Apple Cinnamon Wafer and Grape Juice</p>	<p>22. Hard Boiled Eggs, *Melon Balls & Milk</p> <p><u>Polish Sausage, Green Beans, *Raspberries, WG Buttered Bread & Milk</u></p> <p>WG Cheese Sandwich & Water < Fish Crackers and Apple Juice</p>	<p>23. Cranberry Muffins, Pears & Milk</p> <p><u>Turkey and Cheese WG Sandwich, Broccoli, *Cantaloupe & Milk</u></p> <p>*Orange Smiles & Rice Cakes <WG Sports Grahams and Cran Raspberry Juice</p>	<p>24. Wheaties, *Bananas & Milk</p> <p><u>Baked Ziti w/meat sauce Pineapple, Peas, WG Dinner Rolls & Milk</u></p> <p>WG Saltines & *Apples <WG Chocolate Bear Grahams and Orange Juice</p>	<p>25. Waffles, Mixed Fruit & Milk</p> <p><u>Canadian Cheese Soup w/Quinoa, California Blend Vegetables, Fruit Cocktail, WG Buttered Bread & Milk</u></p> <p>English Muffins w/ Wow Butter & Milk <WG Monster Crunch and Grape Juice (Mix of WG Cereals w/raisins and marshmallows)</p>
<p>28. English Muffins w/ Jelly, *Oranges & Milk</p> <p><u>Southwest Cheesy Chicken WG Pasta w/ Corn & Salsa, *Bananas & Milk</u></p> <p>WG Oatmeal Raisin Cookies & Milk <WG Apple Cinnamon Wafer and Grape Juice</p>	<p>29. Cream of Wheat w/ brown sugar * Apples and Milk</p> <p><u>WG Grilled Cheese Sandwiches, *Tomato Soup, Peaches, Pickle Spear & Milk</u></p> <p>WG Saltines and Salami Slices <Fish Crackers & Apples</p>	<p>30. WG Honey Toast, *Bananas, & Milk</p> <p><u>Cod Filet, Rye Bread, Carrots, Mandarin Oranges & Milk</u></p> <p>Wheat Crackers & Cheese Slices <WG Sports Grahams & Cran Raspberry Juice</p>	<p>31. Blueberry Muffins, Pears & Milk</p> <p><u>Sliced Chicken WG Sandwich, Tropical Fruit, Green Beans & Milk</u></p> <p>Oranges & Apple Cinnamon Rice Cakes <WG Chocolate Bears & Orange Juice</p>	

Bright Beginnings serves whole milk for infants and one's. 1% Milk is served for 2 and older. We serve Whole Grain Breads and Noodles. Baked Goods are Homemade w/WG flour. * indicates Fresh Fruit. < indicates Late day snack. Bright Beginnings has many food items cut into smaller pieces for children under 3 to avoid hazards of choking. Ex. Grapes, Brussel Sprouts, Meats etc. Bright Beginnings offers healthy, kid friendly menu options. Vegetables are fresh/frozen. We serve a variety of Fresh Fruit, Seasonal Fruit and Canned Fruits. All canned fruit is rinsed before serving. Juices are 100% fruit/vegetable juice.