



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1. Turkey Bacon, *Blackberries and Milk <u>Beef Stew w/ Potatoes, Carrots/ Onions, Fruit Cocktail, &amp; Milk</u> *Cucumbers and Yogurt <WG Sports Grahams and Cran Raspberry Juice	
	4. Corn Chex, Mand. Oranges & Milk <u>Cheeseburger on a WG Bun, Sweet Potato Fries, Baked Beans, &amp; Milk</u> WG Pizza Cracker Bites & Tomato Juice <WG Choc. Grahams & O.J.	5. Golden Grahams, Pears & Milk <u>White Bean Soup w/ Ham, *Strawberries, Oyster Crackers &amp; Milk</u> Soft Pretzel & *Apples <WG Fish Crackers & Apple Juice	6. Chocolate Zucchini Bread, *Green Grapes & Milk <u>Chicken Patty on a WG Bun, Trop. Fruit Tator Tots, &amp; Milk</u> String Cheese & WG Cinn. Grahams <WG Sports Grahams & Cran Raspberry Juice	7. Scrambled Eggs, Mixed Fruit & Milk <u>Turkey WG Noodle Casserole w/ California Blend Veggies, Peaches, &amp; Milk</u> Cottage Cheese & Pears <WG Chocolate Bear Grahams and Orange Juice	8. WG Cheese Toast, *Honeydew Melon & Milk <u>Stuffed *Green Pepper Casserole w/Gr Beef, WG Wild Rice, *Oranges, &amp; Milk</u> Bananas & WG Bran Muffin <Ritz Crackers & Grape Juice	
	11. Sausage Links, *Apples & Milk <u>Cauliflower Soup w/ Ham, *Pears, WG Bread &amp; Milk</u> Summer Sausage & Wheat Crackers <WG Choc. Grahams & O.J.	12. WG Toast w/ Honey, *Oranges & Milk <u>WG Pasta Salad w/ Bacon and *Broccoli, Nectarines &amp; Milk</u> WG Apple Cinn. Wafer & Milk <WG Fish Crackers and Apple Juice,	13. WG Oatmeal, *Bananas & Milk <u>Sliced Corn Beef, Peas, *Oranges WG Bread &amp; Milk</u> *Carrots & *Celery w/ Dip <WG Sports Grahams and Cran Raspberry Juice.	14. Lemon Muffins, *Blackberries & Milk <u>Porcupine Casserole w/ Gr. Beef &amp; WG Brown Rice, Corn, Cranberries, &amp; Milk</u> Yogurt & Peaches <WG Chocolate Bear Graham and Orange Juice.	15. French Toast, *Strawberries & Milk <u>Ham slices on a WG Bun, Brussel Sprouts, Fruit Cocktail &amp; Milk</u> WG Strawberry Waffle Grahams & Milk <Ritz Crackers & Grape Juice	
	18. WG Cinnamon Toast, Tropical Fruit & Milk <u>Beef Stroganoff over WG Noodles, Mixed Veggies, Peaches, &amp; Milk</u> *Cauliflower & Hummus <WG Choc. Grahams & O.J.	19. Hard Boiled Eggs, *Melon Balls & Milk <u>Polish Sausage, Green Beans, *Raspberries, WG Bread &amp; Milk</u> WG Cheese Sandwich & Water <WG Fish Crackers & Apple Juice.	20. Cranberry Muffins, Pears & Milk <u>Turkey and Cheese WG Sandwich, Broccoli, *Cantaloupe &amp; Milk</u> *Orange Smiles & Rice Cakes <WG Sports Grahams and Cran Raspberry Juice.	21. Wheaties, *Bananas & Milk <u>Chicken Gumbo w/ Mixed Vegetables, Pineapple, WG Dinner Rolls &amp; Milk</u> WG Saltines & *Apples <WG Chocolate Bear Grahams and Orange Juice	22. Waffles, Mixed Fruit & Milk <u>Canadian Cheese Soup w/Quinoa, California Blend Vegetables, Fruit Cocktail, &amp; Milk</u> English Muffins w/ Wow Butter & Milk <Ritz Crackers & Grape Juice	
	25. English Muffins w/ Jelly, *Oranges & Milk <u>Southwest Cheesy Chicken WG Pasta w/ Corn &amp; Salsa, *Bananas &amp; Milk</u> WG Oatmeal Raisin Bars & Milk <WG Choc. Grahams & O.J.	26. Blueberry Bread, *Apples & Milk <u>WG Egg Salad Sandwich, *Honeydew Melon, Asparagus, &amp; Milk</u> WG Maple Burst Crackers and *Oranges <WG Fish Crackers & Apple Juice	27. WG Honey Toast, *Bananas, & Milk <u>Cod Filet, Rye Bread, Carrots, Applesauce &amp; Milk</u> Wheat Crackers & Milk <WG Sports Grahams and Cran Raspberry Juice	28. Cream of Wheat w/ brown sugar *Apples and Milk <u>WG Grilled Cheese Sandwiches, *Tomato Soup, Peaches, Pickle Spear &amp; Milk</u> WG Saltines and Salami Slices <WG Choc. Bear Grahams and Orange Juice	29. WG Jelly Toast, *Bananas and Milk <u>Chicken Pot Pie w/ Mixed Vegetables, Pineapple Chunks, &amp; Milk</u> Cheese Cubes and *Green Beans <Ritz Crackers & Grape Juice	